

## ***Everest Base Camp Trek 14 Days.***



### **Day Wise Itinerary**

**Day 1: Arrival in Kathmandu, Reporting Day (1, 400 m / 4593 ft).**

**Day 2: Lukla by flight (2, 800 m / 9, 186 ft), then walk to Phakding (2, 652 m / 8, 700 ft): 3 hours.**

**Day 3: Phakding to Namche Bazaar (3, 440 m / 11, 286 ft): 6 – 7 hours.**

**Day 4: Namche Bazaar to Khumjung (3, 790 m / 12, 434 ft): 2 - 3 hours.**

**Day 5: Khumjung to Tengboche / Debuche (3, 860 m / 12, 664 ft): 6 -7 hours.**

**Day 6: Tengboche to Dingboche (4, 410 m / 14, 468 ft): 6 – 7 hours.**

**Day 7: Acclimatization Day at Dingboche, Short Hiking.**

***Day 8: Dingboche to Lobuche (4, 940 m / 16, 207 ft): 6 to 7 hours.***

**Day 9: Lobuche to Gorakshep (5, 170 m / 16, 962 ft) to Everest Base Camp (5, 364 m / 17, 598 ft) and come back to Gorakshep: 8 – 9 hours.**

**Day 10: Hiking to Kala Patthar (5, 645 m / 18, 520 ft) and descend to Pheriche (4, 371 m / 14, 341 ft): 7 – 8 hours.**

**Day 11: Pheriche to Namche Bazaar: 6 – 7 hours.**

**Day 12: Namche Bazaar to Lukla: 6 – 7 hours.**

**Day 13: Lukla to Kathmandu: 35 minutes flight.**

**Day 14: Departure.**

### ***Inclusions***

- Airport pick up and drop for international terminal.
- Kathmandu domestic airport transfers for Lukla flights.
- Accommodation in Kathmandu on twin share basis (2 nights).
- Accommodation during the trekking period, in local mountain lodges called Tea House on twin share basis (11 nights).
- Domestic return flight tickets (Kathmandu - Lukla – Kathmandu, or Ramechhap – Lukla - Ramechhap).
- Shared transport for Ramechhap, both sides (if Lukla flight operational from Ramechhap).
- All necessary paperwork and trekking permits (National Park Permit, Khumbu Permit).
- Government certified guide.
- Assistant guide (for 5 or more people).
- Porter service (2 trekkers: 1 porter).
- Staff costs including their salary, insurance, equipment, domestic airfare, food, and accommodation.
- Medical kit (carried by your trek leader).
- All government and local taxes.
- Please Note: For single trekker we provide porter cum guide.
- Trek Completion certificate from Sagarmatha National Park Authority (Nepal Govt).

### ***Exclusions***

- Travel expenses to reach and return from Kathmandu.
- Food and drinking water throughout the trip.
- Anything not specifically mentioned under inclusions section.
- Additional accommodation and food expenses if trek gets delayed due to weather, flight cancellation, health, or any other reason.
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.).
- Health Insurance, Personal Insurance, and other travel insurance.
- Expenses for evacuation and rescue operations due to natural calamity, mishaps, injury, or any health problem.

- Nepalese visa fee (if applicable).
- Tips for guide(s), porter(s).

### ***Cancellation charges***

- 25 or more days before the date of departure: 30% of total cost.
- 18 – 24 days before the date of departure: 40% of total cost.
- 10 – 17 days before the date of departure: 50 % of total cost.
- Less than 10 days from the trek start date: 80% of total cost.
- No refund if trek/tour get started.
- No charges if you reschedule the trek / tour to any future date (you need to tell us minimum 15 days before the start date).

***Please Note:*** Due to air traffic, Lukla flights may operate from Ramechhap Airport (Manthalli) rather than Kathmandu at times during the season. Ramechhap Airport is located 150 kilometers from Kathmandu. In this case, we provide transportation for our customers. It takes approximately 4 to 5 hours to travel to/from Ramechhap.

**For any queries, please contact +91 8884883555, or email us at [trip@weramblers.com](mailto:trip@weramblers.com)**